

The Green Space at Braunstone Town

Case Study Iveta



Iveta's story:

Originally from Latvia, Iveta moved to the UK sixteen years ago and took a job in a factory. After the factory closed, she was out of work for six months. So she began visiting the community garden. She quickly found that the garden was somewhere she could be herself, meet new people and spend time in nature. This was a place where she could meet and truly connect with a wide variety of people in an environment built on shared purpose and kindness. But beyond that, the community garden became a source of practical support.

The volunteers often help and look out for one another. And through connections made at the garden, she found a new career path: working in a care home as a cleaner. Iveta loves her new role, calling it a 'kind, caring environment'. Her friends have noticed the change, saying she looks different and radiates new energy and positivity. She attributes this transformation to the garden, stating, **"the garden has changed my life."**

